



## SYMPTOM SCREENING QUESTIONNAIRE

1. Do you have any of the following symptoms?
  - Fever/chills
  - Cough
  - Shortness of breath
  - Difficulty breathing
  - Sore throat
  - Difficulty swallowing
  - Runny nose, sneezing or nasal congestion (not related to seasonal allergies, etc.)
  - Conjunctivitis or Pink Eye
  - Loss of taste or smell
  - Vomiting
  - Diarrhea
  - Unexplained fatigue
  - Headache
2. Have you travelled outside of Canada or had close contact with anyone that has travelled outside of Canada in the past 14 days?
3. Have you had close contact with anyone with respiratory illness or a confirmed or probable case of COVID-19?

If any of the above questions are answered "Yes", please do not enter the facility for training and contact PHD Hockey immediately as well as your local Public Health Unit.

If you have tested positive for COVID-19 please notify PHD Hockey and follow the safe return to play guidelines.

## PROCEDURES

- ✓ All players must have signed and submitted this form prior to first on ice session. If you do not have your form your player will not be able to participate
- ✓ Do not come to the facility if you are experiencing symptoms
- ✓ Participants are to wash their hands with hand sanitizer upon entrance and exit
- ✓ Come to the arena dressed and no more than 5 minutes before your scheduled ice time
- ✓ Parents/Guardian drop your child off at the front door to the arena
- ✓ The sessions are on the Coors Pad (enter the arena from the front door and turn left)
- ✓ Adhere to the 2m physical distancing guidelines, lining up to enter/exit the facility/ice surface, on the ice, etc.
- ✓ There will be chairs lined up on the wall 2m apart for players to put on their skates (if your child requires help with their skates an instructor can help them). All players must stay in their designated space until the instructor comes and gets them for the on-ice session
- ✓ It is preferred that the players do not bring a bag when possible. If a small bag is required, it must be stored closed directly beside the player's chair
- ✓ No spectators allowed
- ✓ Players must bring their own labelled water bottle, no sharing of water bottles permitted
- ✓ No Spitting or rinsing your mouth with water onto the ice or facility floor
- ✓ Participants may use the washrooms on the Coors side only
- ✓ Parents please adhere to physical distancing guidelines and stay 2m apart, while on facility grounds

I hereby acknowledge and agree that my player is symptom free and have read and reviewed with player the procedures to return safely to train with PHD Hockey. I am responsible to report any change in the above-mentioned symptoms immediately to PHD Hockey before attending sessions.

PLAYER NAME

PARENT/GUARDIAN

SIGNATURE