



Waiver of Liability, Release Assumption of Risk & Indemnity Agreement

It is the purpose of this agreement to exempt, waive and relieve releases from liability for personal injury, property damage, and wrongful death, including if caused by negligence, including the negligence, if any, of releasees. "Releasees" include PHD Hockey Essentials, all employees, instructors, coaches, team members, other participants, officers, directors, shareholders, and sponsors.

Participants (and participant's parent(s)/guardian(s), if applicable) acknowledge, understand and assume all risks relating to ice hockey and off-ice training, and understand that ice hockey and training involve risks to participant's person including bodily injury, partial or total disability, paralysis and death, and damages which may arise therefrom and that I/we have full knowledge of said risks. These risks and dangers may be caused by the negligence of the participant or the negligence of others, including the "releasees" identified below. These risks and dangers include, but are not limited to, those arising from participating with bigger, faster and stronger participants, and these risks and dangers will increase if participant participates in hockey and member team activities in age group above that which participant would normally participate in. I/We further acknowledge that there may be risks and dangers not known to us or not reasonably foreseeable at this time. Participants (and participant's parent(s)/guardian(s), if applicable) acknowledge, understand and agree that all of the risks and dangers described throughout this agreement, including those caused by the negligence of participants and/or others, are included within the waiver, release and relinquishment described in the preceding paragraph. I/We agree to abide by and be bound under the rules of PHD Hockey Essentials.

Participant (and participant's parent(s)/guardian(s), if applicable) acknowledge, understand and assume risks, if any, arising from the conditions and use of ice hockey rinks and related premises and acknowledge and understand that included within the scope of this waiver and release is any cause of action (including any cause of action based on negligence) arising from the performances, or failure to perform, maintenance, inspection, supervision or control of said areas and for the failure to warn of dangerous conditions existing at said rinks, for negligent selection of certain releases, or negligent supervision or instruction by releasees.

Participant (and participant(s)/guradian(s), if applicable) acknowledge that they have

been provided and have read the above paragraphs and have not relied upon any representations of releases, that they are fully advised of the potential dangers of ice hockey and understand these waivers and releases are necessary to allow amateur hockey to exist in its present form.

I hereby grant PHD Hockey Essentials the right to use photographs, video images and/or other media of my child for publicity, advertising and/or other commercial purposes. I understand that the event may be photographed, videotaped or other wise recorded, I agree to let the above parties use my name, photo likeness and demographic information free of charge in any manner and for any purpose in any media now known or hereafter created.

PHD Hockey Essentials has zero tolerance policy with respect to uncontrollable behavior, bullying, hazing, alcohol, tobacco, drugs and other controlled substances and weapons of any kind. Any participant possessing any of these will be immediately dismissed from the program and will forfeit all amounts paid. By signing this release and by being enrolled in this program you assent to the enforcement of this policy and you hereby grant PHD Hockey Essentials the right to inspect any and all personal belongings at any time on or premises in relation to the program.

PARTICIPANT NAME

AGE: _____

PARENT/GUARDIAN NAME (PRINT)

EMAIL: _____

SIGNED: _____
PARENT OR GUARDIAN SIGNATURE

DATE

This form to be retained by PHD Hockey Essentials